

Mindworks Coaching

SUSAN DE WARDT • CREATIVE COACH AND MENTOR

Transforming Lives Through Language, Story and Art

Mindworks Coaching offers innovative workshops and one on one coaching to individuals, leaders, and groups to inspire imagination and harness creative energy. Our integrated learning method activates right and left brain thinking to ensure increased awareness of creative potential and enhanced ability to move forward to a new vision of success.

Life Coach Susan de Wardt brings over twenty years of experience in strategic planning, workshop facilitation, success coaching, and human development training to the process of creating extraordinary results.

Mindworks Corporate and Educational Clients:

- Corporate: Executive and team support, stress management, communication
- Education: University administrative planning retreats, administrative and staff development, faculty training on special topics, lifelong learning programs
- Health Care: Nursing/staff development, hospice, adult wellness programming, cancer support groups, senior center programming
- Churches: Congregational communication and outreach
- Non-Profits: Museums, historical societies, crisis volunteer staff development, teen advocacy team development, entrepreneurial support groups
- State Department of Corrections: Women's half-way house/detention center
- Libraries: community programming

Selected Conferences:

- *Beyond Words*, Journal Conference 2008, Denver, Colorado
- *Writing Around the Block*, 2008 'Day for Writers' pre-conference
- *The Art of the Journal*, featured artist, First Friday Art Walk, Steamboat Springs, CO
- *Visual Journaling*, 2007 NAPT conference, Portland, Oregon
- *From Memories to Memoirs*, Tread of Pioneers
- *The Journal Process for Writers*, 2007 Day for Writers pre-conference
- *Writing in Nature*, 2007 Day for Writers post-conference
- *A Day for Writers*, moderator 2005, 2006, 2007, 2008, Steamboat Springs, Colorado
- *The Power of Language*, 2007 Arts for the Soul
- *Conversations on Creativity*, conference welcoming panel 2004, 2005, 2006, 2007, Arts for the Soul
- *Girls to Women*, 2004 keynote speech, Colorado Frontiers for Women
- *Calling the Circle*, 2000 Women's Day keynote speech, Yampa Valley Medical Center/ Colorado Mountain College

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<http://www.mindworksc coaching.com>

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Post-Graduate Training

- 2008 Certified Journal Facilitator/Certified Applied Poetry Facilitator, National Federation of Biblio/Poetry Therapists
- 2002 Coach U, 2 year coach training program
- 1995 Instructor Certification, Journal to the Self® educational writing workshop
- 1991 4-year Internship, Holistic Psychotherapy, The Netherlands

Education

- 1978 BSME cum laude, Thermomechanics and Energy Conversion
University of Illinois at Chicago Circle, Chicago, Illinois
- 1973 BA cum laude, Social Science, George Williams College,
Downers Grove, Illinois

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